

Life Curriculum Outline

John Whitgift Academy aims to provide opportunities for all students to learn and to achieve their potential by promoting a broad and balanced curriculum that is flexible enough to enable students to make guided choices to enhance the prospect of success. We aim to prepare all students for the opportunities, responsibilities and challenges of life in the 21st century. The Life Programme is very much delivered as a 5 Year curriculum.

Our Life programme allows for the specialist subject to enhance the teaching of their subject, by embedding the RE, PSHE, SMSC, CEIAG, Citizenship, RSE, and BV programmes of study into their learning and also allowing for these topics to be covered within the discrete timetabled lesson, our Curriculum for Life tutorial programme and a series of Step Up Days over the year.

Y7 -11

Subject		Year 7	Year 8	Year 9	Year 10	Year 11
Life! RE, PSHE, SMSC, CEIAG, Citizenship, RSE, BV	GLH	1	1	SUD	SUD	SUD
	Lesson	1	1	SUD	SUD	SUD
	GLH	1	1	1	1	1
	Lesson	Curriculum for Life Tutorial Programme & SUDs				

Spiritual, Moral, Social and Cultural development of students, including PSHCE and British Values.

The Spiritual, Moral, Social and Cultural (SMSC) development of our students has always been at the heart of the education offered in Delta Academies. John Whitgift Academy's approach to SMSC is embedded in the Delta ethos of mutual respect, partnership working and collaboration; an approach that we believe is fundamental to a full and positive participation in life in modern Britain.

Examples of how fundamental British values, including democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs, have been actively promoted across the Academy include:

- Academy ethos statements;
- Weekly year band assemblies led by Pastoral Leaders, Senior Leaders or guest speakers
- Student Voice activities;
- Student Council;
- Personal, Social, Health and Citizenship Education (PSHCE) 'Life' lessons and Step up Days;
- Religious Education;
- Healthy schools initiatives;
- Cross curricular initiatives ;
- After school clubs and enrichment activities;
- Strong links with other schools;
- Charity work;
- Sporting events;
- Links with the wider community and joint project work;
- Educational trips and visits and other opportunities for learning outside the classroom.

We support the spiritual development of our students to enable them to develop their:

- ability to be reflective about their own beliefs, religious or otherwise, that inform their perspective on life and their interest in and respect for different people's faiths, feelings and values;
- sense of enjoyment and fascination in learning about themselves, others and the world around them;
- use of imagination and creativity in their learning; and willingness to reflect on their experiences.

We support the moral development of our students to enable them to develop their:

- ability to recognise the difference between right and wrong, and to apply this understanding in their own lives and, in so doing, respect the civil and criminal law of England;
- understanding of the consequences of their behaviour and actions; and
- interest in investigating and offering reasoned views about moral and ethical issues, and being able to understand and appreciate the viewpoints of others on these issues.

We support the social development of our students to enable them to develop their:

- use of a range of social skills in different contexts, including working and socialising with pupils from different religious, ethnic and socio-economic backgrounds;
- willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively;
- acceptance and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs;

We support the cultural development of our students to enable them to develop their :

- understanding and appreciation of the wide range of cultural influences that have shaped their own heritage and that of others;
- understanding and appreciation of the range of different cultures within school and further afield as an essential element of their preparation for life in modern Britain;
- knowledge of Britain's democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain;
- willingness to participate in and respond positively to artistic, sporting and cultural opportunities;
- interest in exploring, improving understanding of and showing respect for different faiths and cultural diversity, tolerance towards different religious, ethnic and socio-economic groups in the local, national and global communities.

Through the range of activities offered we aim to enable our students to develop their:

- self-knowledge, self-esteem and self-confidence;
- their acceptance of responsibility for their behaviour;
- their understanding of how they can contribute positively to the lives of those living and working in the locality in which the Academy is situated and to society more widely;
- respect for their own and other cultures;
- respect for other people, with particular regard to the protected characteristics set out in the Equality Act 2010; and
- respect for democracy and support for participation in the democratic process.

These are the skills and attitudes we believe will allow our students to participate fully in and contribute positively to life in modern Britain.

RSE Curriculum provision

Academies and free schools – Funding Agreements require these schools to have regard to DfE's statutory guidance on sex and relationship education – see RSE guidance

What is Sex and Relationship Education?

It is lifelong learning about physical, moral and emotional development. It is about the understanding and importance of stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

There is a POS delivered through Years 7 – 11 which covers the statutory requirements and other issues which are of concern with in the local area. These are delivered by Big Talk Education and through the Life curriculum.

SRE Delivery by external partners:

Year 7 – 3 hours

Year 8 – 6 hours

Year 9 – 4 hours

Year 10 – 1 hour workshops

Year 11 – 1 hour workshops

Organisation and Methods of Teaching

RSE is delivered in class, as appropriate, by class staff. Staff endeavour to answer questions as and when they arise as simply as possible with the relevant information to hand. Students are taught in mixed sex groups. For certain elements of the programme single sex and individual tuition may be necessary.

The Academy works within a curriculum covering different areas of RSE, such as managing your emotions and feelings, keeping safe and saying no and acceptable public and private behaviour. This will be implemented to students at the time it is most appropriate to do so. Specific needs will be responded to and incorporated into our planning.

Confidentiality

Students will be informed that 100% confidentiality cannot be assured. For any suspected Child Protection concerns the school will follow Academy referral policy.

Life POS, all delivered throughout the year in 1hr lessons:

Year 7

- Why is it important to have good personal hygiene?
- How does puberty change girls?
- How does puberty change boys?

Year 8

- What pressures could you face in a relationship? Pupils investigate who & why people put others under pressure in relationships & know how to deal with these pressures correctly.
- What are the consequences of risky behaviour? Pupils investigate the possible dangers and consequences of irresponsible behaviour in a relationship.
- Risky behaviour – misconceptions & contraception. Pupils investigate how much of what teenagers say & hear about relationships is inaccurate & what responsible choices should be made.
- What are STI's? Pupils investigate the causes & effects of some common STI's amongst teenagers.
- What is HIV & AIDS? Pupils investigate the causes & consequences of HIV & AIDS.

Year 8 Big Talk Education sessions for Boys

- SWAIRS (Safe Ways to Access Information about Relationships & Sex) how to stay safe when looking for information on-line. Too many boys are accessing inappropriate sites and assuming that is how sex is in real life. This Workshop myth-busts and stresses the importance of respect and consent

Year 8 Big Talk Education sessions for Girls

- CSE (Child Sexual Exploitation) Girls this age can be targeted on and off line, we focus on off-line grooming as it is a topic that seems to be an ever present modern danger

Life POS delivered through 4 step up days throughout the academic year

Year 9

Personal Safety and Risk Taking;

- Ground rules, Social Norms and underage sexual behaviour 20/80 rule
- Sex and Language (understanding the words the Big Talk Team and others use) Reproduction, Puberty Changes, Periods, Consent etc. (update from previous learning)
- Sex and the Law, Risky behaviour and consequences, including pregnancy myths, alcohol, technology, rights & responsibilities, confidentiality

Relationships and Sexuality:

- "Ask it Basket" for anonymous traditional & contemporary dilemmas/questions
- Positive Friendships & Relationships, Abusive Relationships, Peer Pressure, Sexual Norms and those portrayed in the media. Internet safety; chat rooms and the dangers of inappropriate web sites. Sexual orientation, growing up gay, transgender, challenging homophobia and female genital mutilation

Infections and Protection

- Self-esteem with relationships. STI's, what are they, how are they transmitted, their effects, which ones can be cured (and which cannot). Safer sex; condom information and demonstration. How to access condoms, consent and communication skills

Relationships and Parenthood;

- The effects of unplanned pregnancy. Contraception; modern methods and availability. What to expect in pregnancy. The whole concept of “consent” including the effects of alcohol and our behaviour within relationships. “Sex Test” to measure individual learning. Evaluation and Feedback

Year 10

- Specialist Workshop on topics such as, Communication & Consent in Relationships, Safety online and offline, Mental Health Awareness

Year 11

- RSE Catch Up. We do a one hour catch up of the essential issues: unplanned parenthood, contraception, correct condom use, STIs, consent, positive relationships

All students in our academy receive RSE as part of their Year 7 - 11 curriculum. John Whitgift Academy is committed to working with parents. Under the education act of 1993 students can be withdrawn by their parents from parts of sex education that are outside of the compulsory elements contained in the National Curriculum. If you wish to withdraw your child from this part of the curriculum please address your request in writing to the Principal at the academy.

We are aware of the sensitive nature of some topics and will aim, where possible, to bring in outside companies/agencies to deliver a tailored session suited to the specific needs of our students

Mr M Bee is the academy lead on the Life curriculum and can be contacted for further information.

Careers Education, Information, Advice & Guidance

Our planned programmes support students and ensure they receive the relevant careers education, information, advice and guidance that is suitable for their age and ability by implementation of the 8 Gatsby Career Benchmarks, written by Sir John Holman, a former Head teacher and founder of the National STEM Learning Centre.

Sir John wrote the Good Career Guidance Report after carrying out extensive research.

The fast-changing world of work puts an ever-greater demand on all of us to support students in making a successful transition from education to employment, helping them to identify and choose career opportunities that are right for them.

The government's new careers strategy set out a plan for building a high-quality careers system that will help young people to achieve. The Gatsby Benchmarks are a key measure of the effectiveness of career guidance and provision – Delta Academies Trust is committed to achieving all eight benchmarks;

1. A stable careers programme
2. Learning from career and labour market information
3. Addressing the needs of each pupil
4. Linking curriculum learning to careers
5. Encounters with employers and employees
6. Experiences of workplaces
7. Encounters with further and higher education
8. Personal guidance

For an overview of how we and our CEIAG partners embed the 8 benchmarks into our Careers Programme available on our website. Mr P Tuffnell is the academy lead on CEIAG and can be contacted for further information.